

# e-Revolutions

Berkeley Rotary Club At the Intersection of Community and Service Since 1916



<u>Click here</u> for a printable club calendar

## **Speakers**

#### March 27, 2024

Nik Dehejia, CEO, Oakland Zoo "People & Wildlife Thriving Together: Oakland Zoo's Journeyâ€

April 03, 2024 Andy Katz, Director, EBMUD "Climate Change and Infrastructure Innovation in Berkeley"

April 10, 2024 Henry DeNero, Berkeley Fire Safety Council "Before It's Too Late"

April 17, 2024 Lori Fogarty, Director and CEO, Oakland Museum of California "The Changing Landscape of Museums: Museum as

Town Square" April 24, 2024 Peter Fedichev, Ph.D, Chief Science Officer, Gero

"Aging, Entropy, and the Biological Arrow of Time"

## **Events**

March 27th <u>Civil Discourse Meeting</u> via Zoom March 29th <u>BARSHEEP TGIFF</u> April 2nd

Membership Committee Meeting via Zoom April 5th Ladies Who Lunch April 11th Thirsty Thursday

## **Birthdays**

Jon Allen Vicars March 29th Lynne Henderson April 4th Yanick Louis Lindquist April 10th Fred Tabsharani April 12th Marcia K Dillon April 13th Kenneth Renworth April 20th

## **Club Announcements**

Next Meeting. Wednesday, March 27, 2024, 12:30-1:30 PM (at First Pres and on Zoom): Nik Dehejia, CEO of the Oakland Zoo, will present "People & Wildlife Thriving Together: Oakland Zooâ€<sup>™</sup>S Journey.†The speaker is provided by Team #1, the Peregrine Falcon Team; John O'Dea and Steve Beckendorf, Captains.





**Civil Discourse.** Hosted by the Berkeley Rotary Peace Committee, the next in a series of Civil Discourse meetings takes place on Wednesday, March 27, 2024, via Zoom, 2:30-3:30 PM PT. **Topic: "Should There Be an Immediate Ceasefire in Gaza?"** Contact Dan Thomas (<u>dthomas@tc-associates.com</u>) for more info and the Zoom link.

**Field of Rotary Dreams.** Why go to a district conference? Great speakers. Great chats. Great laughs. Great training. Great food. No kidding! Field of Rotary Dreams, the District 5160 Conference, is on April 26-28, 2024, in Sacramento, CA. Register: <u>https://rotary5160.org</u>. Questions? Registration: <u>registrar@Rotary5160.org</u>,





conference: shry15@aol.com.

#### RIP Polio Paul. RI posted this on

Facebook: "We remember Paul Alexander, widely known as "Polio Paul," and honor his fight against polio. He leaves a legacy of advocating for polio eradication. We can and must end polio now!" Read more: <u>on.rotary.org/3TheZGx</u> <u>Read More</u> David Hugh Malcolm April 21st

Joan Louise McLean April 22nd Douglas Fielding April 23rd

# **BHS Interact Club Distributes Mental Health Guide** for Berkeley Youth

#### By Tina Etcheverry

Berkeley High Interact Club leaders Tyen Zhu, Reese Reyes-Aranda, Calvin Chen, and Bryan Camacho visited our club on March 20 to describe their project to print and distribute a Mental Health Resource Guide for Berkeley youth. These students wanted to meet the Rotarians in our club, share news about their service projects, and request donations to cover the cost of printing the mental health booklet.

The guide was created in 2022 by 5 Berkeley High students, Ginger Boswell, Lily Mei Kung, Eva Adams, Haley Getting, and Mary Calderon-Sanchez, in response to a friend's tragic suicide and the deaths of two students by gun violence. This incredible resource guide is for struggling students, listing hotlines and resources for individual therapy and group counseling and providing a guide to healthy mental habits.



Following their request, we raised \$2,000 from our outstanding club members. This will cover the cost of publication, including Spanish versions. The students will be busy in the next month distributing this resource guide to various youth agencies and libraries and at local events in Berkeley.

## What a Blast!



Berkeley Rotarians gathered at Slow Burn Glass Studio in Richmond last Friday to watch a demonstration on how to make glass art, and thenâ€"under careful supervisionâ€"made some art pieces themselves. The shop has two ovens that keep molten glass at a temperature of 2400 F at all times, and the process of shaping red-hot material was, admittedly, a bit daunting. But we were in good hands, and everyone made a flower, heart, or paperweight to bring home. Above, club members posed holding some of the "tools of the trade.â€

Below, Valeria shapes a glass flower.



## **Rotary Brightens a Rainy Day**

By Irene R. Hegarty

I have a confession to make. Iâ $\in$ <sup>TM</sup>ve been a Berkeley Rotarian for 15 years, but last Saturday was the first time Iâ $\in$ <sup>TM</sup>d attended a District Assembly. Braving torrential downpour, Fred Collignon and I set out for Fairfield, where we joined other club members (Libby, Grier, Lauren, Dylan) and a couple hundred Rotarians from the southern part of District 5160. North district sessions will be held later.

After a keynote address, there were three breakout sessions, with a choice of interesting and useful topics. I learned a bit about how to tell my  $\hat{a} \in \mathbb{C}$  Rotary Story,  $\hat{a} \in \mathbb{C}$  how to navigate difficult conversations, and how to create valuable Rotary experiences. Much of the information could also be applied in other contexts, like at the office or in family interactions.

The conversation with Rotarians from other clubs was the best part. I picked up fundraising ideas, learned about proposed service projects (e.g., a floating clinic in Uganda), and received inspiration from new and seasoned Rotarians alike. All in all, it was a good use of a few hours on a rainy Saturday. You should try it sometime, or sign up for the District Conference on April 26-28 in Sacramento for even more inspiration, training, service projects, and social events. See Club Announcements above for the registration link.

# A Call to Civic Engagement

By Pate D. Thomson

Last Wednesday, Stephanie Singer, Elections Commissioner for Alameda County, asked us what transformational legal changes have we seen in recent years that impacted our election process. The *Citizens United* decision by the Supreme Court removed limits on corporation spending for campaigns. Gutting of the Voting Rights Act in 2015 opened the door for a return of discriminatory voting practices. Technological changes enabling the widespread use of disinformation have also impacted the landscape and obscured many issues. These and other factors have contributed to a



problem in assuring free and fair elections. Fair elections are at the core of democracy as we have known it and, says Singer, democracy is in crisis now! Many Americans are giving up on democracy and on elections themselves. <u>Read More</u>

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Copy Deadline: Send to <u>hgrty@sbcglobal.net</u> by Saturday noon for next week's e-Rev.